Fatal Lung Toxic Effects Related to Dronedarone Use

Dronedarone is a derivative of amiodarone that aimed to reduce the extracardiac adverse effects while preserving its antiarrhythmic effects for treatment of atrial fibrillation (AF). In the ATHENA trial (A Placebo-Controlled, Double-Blind, Parallel Arm Trial to Assess the Efficacy of Dronedarone 400 mg bid for the Prevention of Cardiovascular Hospitalization or Death from Any Cause in Patients with Atrial Fibrillation/Atrial Flutter), dronedarone reduced cardiovascular hospitalization and death in patients with non-permanent atrial fibrillation (AF) with other cardiovascular risk factors. However, an experimental study suggested that dronedarone might have toxic effects on the lung greater than or equal to amiodarone. We describe 2 cases of fatal and near-fatal lung toxic effects associated with dronedarone use.

Report of Cases. Case 1. A 72-year-old woman was hospitalized with progressive dyspnea for 3 weeks. She had symptomatic paroxysmal AF, and amiodarone was initiated 2 years ago. Ten months before admission, she was enrolled into the ATHENA trial, in which amiodarone therapy was stopped for 1 month prior to switching to dronedarone. At the time of admission, she had already been using dronedarone for 9 months. Chest radiography on admission showed bilateral diffuse pulmonary infiltrates, and thoracic computed tomography revealed diffuse ground glass opacities involving both lungs (Figure, A and B). Treatment with empirical broad-spectrum antibiotics failed, and she developed progressive respiratory failure necessitating mechanical ventilation 20 days later. All microbiological examination findings were negative. Trans-bronchial biopsy revealed features compatible to bronchiolitis obliterans with organizing pneumonia (BOOP) described in amiodarone-induced lung toxic effects.

### Figure
- **A**: Chest radiograph obtained at admission of a 72-year-old woman with a 3-week history of dyspnea, who had been receiving dronedarone for 11 months. There are diffuse irregular pulmonary infiltrates over both lung fields.
- **B**: Thoracic computed tomography with contrast on the ninth admission day. There are bilateral diffuse ground glass opacities with more prominent changes over the right lung field.
- **C**: Hematoxylin-eosin staining of transbronchial biopsy specimen obtained on the 13th admission day (original magnification x100). There are cellular infiltrates in the alveoli with tufts of young fibroblasts growing into the airspace, compatible with the diagnosis of bronchiolitis obliterans with organizing pneumonia.
- **D**: Chest radiograph obtained at admission of an 83-year-old man treated with dronedarone for 12 days. There are bilateral diffuse pulmonary infiltrates.
- **E**: Thoracic computed tomography 17 days after dronedarone. There are diffuse fine interlobular septal thickening with bilateral ground glass opacities with more prominent changes over the right lung field.
Dronedarone Use and Fatal Lung Toxic Effects?

Siu et al have observed a rare potential adverse effect of dronedarone in patients who have had previous exposure to amiodarone. Dronedarone is an antiarrhythmic agent that can be useful in some patients with nonpermanent atrial fibrillation who have not had recent heart failure. Many clinicians, including cardiologists, are currently using this drug in specific patient populations, including young individuals, at least initially, in preference to long-term oral therapy with amiodarone, a more highly toxic agent. Nonetheless, it is clinical observations like these, and not randomized controlled studies, which can (and often do) serve the purpose of alerting us to new and important consequences of our therapies. The implied warning provided by this report in these 2 patients who have had prior exposure to amiodarone should be taken seriously, and newly described adverse effects should be actively sought and reported by physicians using newly developed approved drugs of all types.

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**EDITOR’S NOTE**

**RESEARCH LETTERS**

Bridging the Chasm: Effect of Health Information Exchange on Volume of Laboratory Testing

Sharing of patient information between health care providers, including through health information exchanges (HIEs), has been proposed as one of the essential changes to improve the quality and efficiency of the health care system in the United States. It has been estimated that HIEs could decrease health care costs across the country by approximately $78 billion annually. Despite numerous potential advantages of HIEs, there are few studies documenting their benefits. This lack of objective information might have slowed down their acceptance. Studies that demonstrate tangible evidence of benefits provided by HIEs are urgently needed. Provider surveys show that reduction in duplicate testing is one of the most commonly expected benefits. We therefore investigated whether the introduction of an HIE between 2 academic medical centers was associated with a reduction in volume of laboratory testing.

Methods. We conducted a retrospective study to investigate whether the availability of laboratory test results...