

Archives of Internal Medicine Reader's Choice: Continuing Medical Education

Physicians in the United States, Canada, and Mexico

Physicians with current and valid licenses in the United States, Canada, or Mexico who read any 3 of the selected continuing medical education (CME) articles in this issue of *Archives of Internal Medicine*, complete the CME Evaluation Form, and fax it to the number or mail it to the address at the bottom of the CME Evaluation Form are eligible for Category 1 CME credit. There is no charge.

The American Medical Association (AMA) is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. The AMA designates this educational activity for up to 1 hour of Category 1 credit per *Archives of Internal Medicine* issue toward the AMA Physician's Recognition Award (PRA). Each physician should claim only those hours of credit that were actually spent in the educational activity.

Physicians in Other Countries

Physicians with current and valid licenses in the United States, Mexico, or Canada are eligible for CME credit even if they live or practice in other countries. Physicians licensed in other countries are also welcome to participate in this CME activity. However, the PRA is only available to physicians licensed in the United States, Canada, or Mexico.

Earning Credit

To earn credit, read the articles designated for CME credit carefully and complete the CME Evaluation Form on the next page. The CME Evaluation Form must be submitted within 4 weeks of the issue date. A certificate awarding 1 hour of Category 1 CME credit will be faxed or mailed to you; it is then your responsibility to maintain a record of credit received. Questions about CME processing should be directed to the Blackstone Group, tel (312) 419-0400, ext 225; fax: (312) 269-1636.

CME Evaluation Form

One of our goals is to assess continually the educational needs of our readers so we may enhance the educational effectiveness of the *Archives of Internal Medicine*. To achieve this goal, we need your help. You must complete the CME Evaluation Form to receive credit.

Statement of Educational Purpose

For a complete description of the ARCHIVES' mission statement, please refer to the table of contents.

A flexible curriculum of article topics is developed annually by the journal's editorial board and is then supplemented throughout the year with information gained from readers, authors, reviewers, and editors. The Reader's Choice CME activity allows readers, as adult learners, to

determine their own educational needs and to assist the editors in addressing their needs in future issues.

Readers of the *Archives of Internal Medicine* should be able to attain the following educational objectives: (1) select and read at least 3 articles per issue to gain new medical information on topics of particular interest to them as physicians, (2) assess its value to them as practicing physicians, and (3) think carefully about how this new information may influence their own practices.

CME Articles in This Issue of *Archives of Internal Medicine*

The following articles in this issue may be read for CME credit:

	Beginning Page No.
Update on the Management of Hyperthyroidism and Hypothyroidism	1067
<i>Educational Objective:</i> To learn about the management of hyperthyroidism and hypothyroidism.	
Hospital Readmissions as a Measure of Quality of Health Care: Advantages and Limitations	1074
<i>Educational Objective:</i> To learn about issues related to the use of hospital readmissions as a measure of quality of health care.	
The Risk of Cardiovascular Disease Mortality Associated With Microalbuminuria and Gross Proteinuria in Persons With Older-Onset Diabetes Mellitus	1093
<i>Educational Objective:</i> To understand the association between microalbuminuria and gross proteinuria and the risk of cardiovascular disease mortality.	
Comparison of Sustained-Release Nifedipine and Temperature Biofeedback for Treatment of Primary Raynaud Phenomenon: Results From a Randomized Clinical Trial With 1-Year Follow-up	1101
<i>Educational Objective:</i> To determine the effects of temperature biofeedback and sustained-release nifedipine for primary Raynaud phenomenon.	
"Benign" Tumors and "Early Detection" in Mammography-Screened Patients of a Natural Cohort With Breast Cancer	1109
<i>Educational Objective:</i> To understand the biological behavior of mammographically detected cancers.	
Yield of Repeated Screening for Abdominal Aortic Aneurysm After a 4-Year Interval	1117
<i>Educational Objective:</i> To learn the value of repeated screening for abdominal aortic aneurysm after a 4-year interval.	
Patient Comprehension and Reaction to Participating in a Double-blind Randomized Clinical Trial (ISIS-4) in Acute Myocardial Infarction	1142
<i>Educational Objective:</i> To understand factors associated with patients agreeing to participate in the ISIS-4 trial.	
Bundle-Branch Block as a Risk Factor in Noncardiac Surgery	1149
<i>Educational Objective:</i> To learn the clinical significance of bundle-branch block as a perioperative risk factor.	
Serum Lipid Effects of a High-Monounsaturated Fat Diet Based on Macadamia Nuts	1154
<i>Educational Objective:</i> To learn of the lipid effects of macadamia nuts.	
Hyperinsulinemia and the Risk of Cardiovascular Death and Acute Coronary and Cerebrovascular Events in Men: The Kuopio Ischaemic Heart Disease Risk Factor Study	1160
<i>Educational Objective:</i> To determine the role of hyperinsulinemia on the risk of cardiovascular death and acute coronary cerebrovascular events in men.	

This CME Evaluation Form must be fax marked or postmarked within 4 weeks of the issue date of Archives of Internal Medicine. To earn credit, read any 3 of the articles designated for CME credit carefully and mark your responses for each article on this evaluation form. You must complete parts 1, 2, 3, and 4 to receive credit. Then fax this page to the number indicated at the bottom of this page (you may mail it to the address listed at the bottom of this page if you prefer). A certificate awarding 1 hour of category 1 CME credit will be returned to you by fax or by mail. Please allow up to 4 weeks for your certificate to arrive.

Part 1. Referring to the list of CME articles on the previous page, please write in the beginning page number of each article that you read for CME credit, and then respond to each statement for each article by shading in the appropriate box:

	Page No. _____					Page No. _____					Page No. _____				
	Strongly Agree		Strongly Disagree			Strongly Agree		Strongly Disagree			Strongly Agree		Strongly Disagree		
	5	4	3	2	1	5	4	3	2	1	5	4	3	2	1
<i>Educational value:</i>															
I learned something new that was important.	<input type="checkbox"/>														
I verified some important information.	<input type="checkbox"/>														
I plan to discuss this information with colleagues.	<input type="checkbox"/>														
I plan to seek more information on this topic.	<input type="checkbox"/>														
My attitude about this topic changed in some way.	<input type="checkbox"/>														
This information is likely to have an impact on my practice.	<input type="checkbox"/>														
<i>Readability feedback:</i>															
I understood what the authors were trying to say.	<input type="checkbox"/>														
I was able to interpret the tables and figures (if there were no tables or figures, leave blank).	<input type="checkbox"/>														
Overall, the presentation of the article enhanced my ability to read and understand it.	<input type="checkbox"/>														
Additional comments:	_____														

Part 2. Commitment to change: What change(s) (if any) do you plan to make in your practice as a result of reading any of these 3 articles? _____

Part 3. Statement of completion: I attest to having completed the CME activity.
(Sign here) _____ (Date) _____

Part 4. Identifying information: Please **PRINT** legibly or type the following:

Name: _____ Your **FAX** number: _____

Address: _____ In the United States _____ - _____ - _____
area code

_____ Outside the United States 011 - _____ - _____ - _____
country code city code

Your **TELEPHONE** number: _____ - _____ - _____
area code

Part 5. For US physicians only:

*ME# _____

Medical school: _____ Year of Graduation: 19 __ __

*The Medical Education (ME) number is an 11-digit number assigned by the AMA to each physician in the United States. If you are an AMA member, this number is found on your AMA membership card. If you do not know your ME number, you may obtain it by calling the AMA at 1-800-262-3211. If you prefer, we can look it up for you if you provide the name of your medical school and year of graduation.

WHERE TO SEND THE COMPLETED CME EVALUATION FORM

Please fax the completed form to The Blackstone Group at (312) 269-1636. Or, if you prefer, you may mail the form to Archives of Internal Medicine, c/o The Blackstone Group, PO Box 811130, Chicago, IL 60681-1130.