

Archives of Internal Medicine Reader's Choice: Continuing Medical Education

Physicians in the United States, Canada, and Mexico

Physicians with current and valid licenses in the United States, Canada, or Mexico who read any 3 of the selected continuing medical education (CME) articles in this issue of *Archives of Internal Medicine*, complete the CME Evaluation Form, and fax it to the number or mail it to the address at the bottom of the CME Evaluation Form are eligible for Category 1 CME credit. There is no charge.

The American Medical Association (AMA) is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. The AMA designates this educational activity for up to 1 hour of Category 1 credit per *Archives of Internal Medicine* issue toward the AMA Physician's Recognition Award (PRA). Each physician should claim only those hours of credit that were actually spent in the educational activity.

Physicians in Other Countries

Physicians with current and valid licenses in the United States, Mexico, or Canada are eligible for CME credit even if they live or practice in other countries. Physicians licensed in other countries are also welcome to participate in this CME activity. However, the PRA is only available to physicians licensed in the United States, Canada, or Mexico.

Earning Credit

To earn credit, read the articles designated for CME credit carefully and complete the CME Evaluation Form on the next page. The CME Evaluation Form must be submitted within 4 weeks of the issue date. A certificate awarding 1 hour of Category 1 CME credit will be faxed or mailed to you; it is then your responsibility to maintain a record of credit received. Questions about CME processing should be directed to The Blackstone Group; fax: (312) 269-1636.

CME Evaluation Form

One of our goals is to assess continually the educational needs of our readers so we may enhance the educational effectiveness of the *Archives of Internal Medicine*. To achieve this goal, we need your help. You must complete the CME Evaluation Form to receive credit.

Statement of Educational Purpose

For a complete description of the ARCHIVES' mission statement, please refer to the table of contents.

A flexible curriculum of article topics is developed annually by the journal's editorial board and is then supplemented throughout the year with information gained from readers, authors, reviewers, and editors. The Reader's Choice CME activity allows readers, as adult learners, to determine their own educational needs and to assist the editors in addressing their needs in future issues.

Readers of the *Archives of Internal Medicine* should be able to attain the following educational objectives: (1) select and read at least 3 articles per issue to gain new medical information on topics of particular interest to them as physicians, (2) assess its value to them as practicing physicians, and (3) think carefully about how this new information may influence their own practices.

CME Articles in This Issue of *Archives of Internal Medicine*

The following articles in this issue may be read for CME credit:

	Beginning Page No.
An Update on Perioperative Management of Diabetes <i>Educational Objective:</i> To understand issues in the management of diabetes in the preoperative period.	2405
Cigar Smoking and Death From Coronary Heart Disease <i>Educational Objective:</i> To understand the risk of early death from coronary heart disease in cigar smokers.	2413
Asthma Self-management: Do Patient Education Programs Always Have an Impact? <i>Educational Objective:</i> To learn the effect of asthma self-management programs for adults on health outcomes.	2422
Persistent Stress as a Predictor of Genital Herpes Recurrence <i>Educational Objective:</i> To understand the potential relationship between life stress and genital herpes.	2430
Pneumococcal Vaccination of Elderly Persons and Chronic Lung Disease <i>Educational Objective:</i> To learn the health and economic benefit associated with pneumococcal vaccine in a high-risk group.	2437
Early Switch From Intravenous to Oral Antibiotics and Early Hospital Discharge <i>Educational Objective:</i> To understand the impact of early switch to oral antibiotics and early hospital discharge in patients with community-acquired pneumonia.	2449
Facilitation of Benzodiazepine Therapy Discontinuation by Melatonin Therapy <i>Educational Objective:</i> To learn a new clinical approach for the facilitation of benzodiazepine discontinuation by melatonin.	2456
The Association Between Antecedent Vancomycin Treatment and Hospital-Acquired Vancomycin-Resistant Enterococci <i>Educational Objective:</i> To further define the risk of hospital-acquired vancomycin-resistant enterococci in patients treated with vancomycin.	2461
Diabetes Mellitus and Nontraumatic Lower Extremity Amputation in Black and White Americans <i>Educational Objective:</i> To understand the effects of race and diabetes on 20-year risk of nontraumatic lower extremity amputation.	2470

This CME Evaluation Form must be fax marked or postmarked within 4 weeks of the issue date of *Archives of Internal Medicine*. To earn credit, read any 3 of the articles designated for CME credit carefully and mark your responses for each article on this evaluation form. You must complete parts 1, 2, 3, and 4 to receive credit. Then fax this page to the number indicated at the bottom of this page (you may mail it to the address listed at the bottom of this page if you prefer). A certificate awarding 1 hour of category 1 CME credit will be returned to you by fax or by mail. Please allow up to 4 weeks for your certificate to arrive.

Part 1. Referring to the list of CME articles on the previous page, please write in the beginning page number of each article that you read for CME credit, and then respond to each statement for each article by shading in the appropriate box:

	Page No. _____					Page No. _____					Page No. _____				
	Strongly Agree		Strongly Disagree			Strongly Agree		Strongly Disagree			Strongly Agree		Strongly Disagree		
	5	4	3	2	1	5	4	3	2	1	5	4	3	2	1
<i>Educational value:</i>															
I learned something new that was important.	<input type="checkbox"/>														
I verified some important information.	<input type="checkbox"/>														
I plan to discuss this information with colleagues.	<input type="checkbox"/>														
I plan to seek more information on this topic.	<input type="checkbox"/>														
My attitude about this topic changed in some way.	<input type="checkbox"/>														
This information is likely to have an impact on my practice.	<input type="checkbox"/>														
<i>Readability feedback:</i>															
I understood what the authors were trying to say.	<input type="checkbox"/>														
I was able to interpret the tables and figures (if there were no tables or figures, leave blank).	<input type="checkbox"/>														
Overall, the presentation of the article enhanced my ability to read and understand it.	<input type="checkbox"/>														

Additional comments: _____

Part 2. Commitment to change: What change(s) (if any) do you plan to make in your practice as a result of reading any of these 3 articles? _____

Part 3. Statement of completion: I attest to having completed the CME activity.

(Sign here) _____ (Date) _____

Part 4. Identifying information: Please **PRINT** legibly or type the following:

Name: _____ Your **FAX** number: _____
 Address: _____ In the United States ____ - ____ - ____
area code
 _____ Outside the United States 011 - ____ - ____ - ____
country code city code
 _____ Your **TELEPHONE** number: ____ - ____ - ____
area code

Part 5. For US physicians only:

*ME# _____

Medical school: _____ Year of Graduation: 19 __ __

*The Medical Education (ME) number is an 11-digit number assigned by the AMA to each physician in the United States. If you are an AMA member, this number is found on your AMA membership card. If you do not know your ME number, you may obtain it by calling the AMA at 1-800-262-3211. If you prefer, we can look it up for you if you provide the name of your medical school and year of graduation.

WHERE TO SEND THE COMPLETED CME EVALUATION FORM

Please fax the completed form to The Blackstone Group at (312) 269-1636. Or, if you prefer, you may mail the form to *Archives of Internal Medicine*, c/o The Blackstone Group, PO Box 811130, Chicago, IL 60681-1130.