

Archives of Internal Medicine Reader's Choice: Continuing Medical Education

Physicians in the United States, Canada, and Mexico

Physicians with current and valid licenses in the United States, Canada, or Mexico who read any 3 of the selected continuing medical education (CME) articles in this issue of *Archives of Internal Medicine*, complete the CME Evaluation Form, and fax it to the number or mail it to the address at the bottom of the CME Evaluation Form are eligible for Category 1 CME credit. There is no charge.

The American Medical Association (AMA) is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. The AMA designates this educational activity for up to 1 hour of Category 1 credit per *Archives of Internal Medicine* issue toward the AMA Physician's Recognition Award (PRA). Each physician should claim only those hours of credit that were actually spent in the educational activity.

Physicians in Other Countries

Physicians with current and valid licenses in the United States, Mexico, or Canada are eligible for CME credit even if they live or practice in other countries. Physicians licensed in other countries are also welcome to participate in this CME activity. However, the PRA is only available to physicians licensed in the United States, Canada, or Mexico.

Earning Credit

To earn credit, read the articles designated for CME credit carefully and complete the CME Evaluation Form on the next page. The CME Evaluation Form must be submitted within 4 weeks of the issue date. A certificate awarding 1 hour of Category 1 CME credit will be faxed or mailed to you; it is then your responsibility to maintain a record of credit received.

CME Evaluation Form

One of our goals is to assess continually the educational needs of our readers so we may enhance the educational effectiveness of the *Archives of Internal Medicine*. To achieve this goal, we need your help. You must complete the CME Evaluation Form to receive credit.

Statement of Educational Purpose

For a complete description of the ARCHIVES' mission statement, please refer to the table of contents.

A flexible curriculum of article topics is developed annually by the journal's editorial board and is then supplemented throughout the year with information gained from readers, authors, reviewers, and editors. The Reader's Choice CME activity allows readers, as adult learners, to determine their own educational needs and to assist the editors in addressing their needs in future issues.

Readers of the *Archives of Internal Medicine* should be able to attain the following educational objectives: (1) select and read at least 3 articles per issue to gain new medical information on topics of particular interest to them as physicians, (2) assess its value to them as practicing physicians, and (3) think carefully about how this new information may influence their own practices.

CME Articles in This Issue of *Archives of Internal Medicine*

The following articles in this issue may be read for CME credit:

	Beginning Page No.
Importance of pH Control in the Management of GERD <i>Educational Objective:</i> To understand the role of gastric pH in esophageal injury and clinical healing.	649
Diagnosis of Thyroid Disease in Hospitalized Patients <i>Educational Objective:</i> To become familiar with signs, symptoms, and laboratory tests in assessing inpatients for thyroid disease.	658
Severe Paroxysmal Hypertension (Pseudopheochromocytoma) <i>Educational Objective:</i> To become familiar with a syndrome of psychologically induced paroxysmal hypertension.	670
Choosing Antithrombotic Therapy for Elderly Patients With Atrial Fibrillation Who Are at Risk for Falls <i>Educational Objective:</i> To understand the risks associated with falls in anticoagulated elderly patients with atrial fibrillation.	677
Leisure-Time Physical Activity and the Risk of Primary Cardiac Arrest <i>Educational Objective:</i> To understand that regular physical activity significantly decreases risk of primary cardiac arrest.	686
Physical Symptoms Distress Index: A Sensitive Tool to Evaluate the Impact of Pharmacological Agents on Quality of Life <i>Educational Objective:</i> To understand that physical symptoms associated with pharmacologic treatment affect quality of life.	693
Advance Directives More Likely Among Seniors Asked About End-of-Life Care Preferences <i>Educational Objective:</i> To learn that asking elderly patients about end-of-life care preference significantly increases the likelihood that they will complete advance directives.	701
Recurrent and Persistent Coagulopathy Following Pit Viper Envenomation <i>Educational Objective:</i> To learn that coagulopathies from pit viper envenomation may persist despite antivenom treatments.	706
Physician Estimates of Perioperative Cardiac Risk in Patients Undergoing Noncardiac Surgery <i>Educational Objective:</i> To understand that most physicians assess cardiac risk in noncardiac surgery patients suboptimally.	713
Alcohol Abuse and Dependence in Latinos Living in the United States: Validation of the CAGE (4M) Questions <i>Educational Objective:</i> To learn that the CAGE is sensitive and specific for detecting alcohol use disorders in Latino as well as Anglo patients.	718
Cigarette Smoking and Mortality Risk: Twenty-five-Year Follow-up of the Seven Countries Study <i>Educational Objective:</i> To learn that the adverse consequences of cigarette smoking on health hold true across 3 continents.	733
Determinants of Short- and Long-term Outcome in Patients With Respiratory Failure Caused by AIDS-Related <i>Pneumocystis carinii</i> Pneumonia <i>Educational Objective:</i> To understand in-hospital mortality and long-term survival in patients with AIDS-related <i>Pneumocystis carinii</i> pneumonia.	741

This CME Evaluation Form must be fax marked or postmarked within 4 weeks of the issue date of *Archives of Internal Medicine*. To earn credit, read any 3 of the articles designated for CME credit carefully and mark your responses for each article on this evaluation form. You must complete parts 1, 2, 3, and 4 to receive credit. Then fax this page to the number indicated at the bottom of this page (you may mail it to the address listed at the bottom of this page if you prefer). A certificate awarding 1 hour of category 1 CME credit will be returned to you by fax or by mail. Please allow up to 4 weeks for your certificate to arrive.

Part 1. Referring to the list of CME articles on the previous page, please write in the beginning page number of each article that you read for CME credit, and then respond to each statement for each article by shading in the appropriate box:

	Page No. _____					Page No. _____					Page No. _____				
	Strongly Agree		Strongly Disagree			Strongly Agree		Strongly Disagree			Strongly Agree		Strongly Disagree		
	5	4	3	2	1	5	4	3	2	1	5	4	3	2	1
<i>Educational value:</i>															
I learned something new that was important.	<input type="checkbox"/>														
I verified some important information.	<input type="checkbox"/>														
I plan to discuss this information with colleagues.	<input type="checkbox"/>														
I plan to seek more information on this topic.	<input type="checkbox"/>														
My attitude about this topic changed in some way.	<input type="checkbox"/>														
This information is likely to have an impact on my practice.	<input type="checkbox"/>														
<i>Readability feedback:</i>															
I understood what the authors were trying to say.	<input type="checkbox"/>														
I was able to interpret the tables and figures (if there were no tables or figures, leave blank).	<input type="checkbox"/>														
Overall, the presentation of the article enhanced my ability to read and understand it.	<input type="checkbox"/>														
Additional comments: _____															

Part 2. Commitment to change: What change(s) (if any) do you plan to make in your practice as a result of reading any of these 3 articles? _____

Part 3. Statement of completion: I attest to having completed the CME activity.
 (Sign here) _____ (Date) _____

Part 4. Identifying information: Please **PRINT** legibly or type the following:
 Name: _____ Your **FAX** number: _____
 Address: _____ In the United States _____ - _____ - _____
area code
 _____ Outside the United States 011 - _____ - _____ - _____
country code city code
 Your **TELEPHONE** number: _____
area code

Part 5. For US physicians only:
 *ME# _____
 Medical school: _____ Year of Graduation: 19 __ __

*The Medical Education (ME) number is an 11-digit number assigned by the AMA to each physician in the United States. If you are an AMA member, this number is found on your AMA membership card. If you do not know your ME number, you may obtain it by calling the AMA at 1-800-262-3211. If you prefer, we can look it up for you if you provide the name of your medical school and year of graduation.

WHERE TO SEND THE COMPLETED CME EVALUATION FORM

Please fax the completed form to The Blackstone Group at (312) 269-1636. Or, if you prefer, you may mail the form to *Archives of Internal Medicine*, c/o The Blackstone Group, PO Box 811130, Chicago, IL 60681-1130.